

🚴 🚶 | 30,2 km



SIGULDA – MURJĀŅI – SIGULDA



➔ 30,2 km ➡ 340 m ⚖ 75 m ⌚ 2-3 h

Sigulda Sport and Active Leisure Centre – Emperor’s Chair and Emperor’s View (Ķeizarkrēsls un Ķeizarskats) – Ziedlejas Cliffs – Katlapi Rock – Leisure Park “Rāmkalni” – The Big Stone (Lielais akmens) – Kubesele Nature Trail – Pedestrian Bridge Near Devil`S Cliffs – Sigulda Sport and Active Leisure Centre



SIGULDA THRILLS

SIGHTSEEING OBJECTS



1. SIGULDA SPORT AND ACTIVE LEISURE CENTRE

In the summer the track is used for rollerskating, Nordic walking, and jogging – it is possible because of a tree mulch cover band along the paved portion of the track. The equipment rental, sauna and shower is available. As additional attraction there is a 30 meter high climbing tower Vells (Devil), which includes more than 20 activities, as well as giant swings with a 7 meter free fall.

Puķu iela 4, Sigulda, ph. +371 67970262, www.tourism.sigulda.lv

2. GAUJA

The longest river in Latvia flows through a spacious valley. It starts in Vidzeme Upland, casts a wide circle to the Estonian border and flows into the Gulf of Riga near Carnikava. Near Sigulda the Gauja Valley reaches its maximum depth – 85 m.

3. EMPEROR’S CHAIR AND EMPEROR’S VIEW (ĶEIZARKRĒSLS UN ĶEIZARSKATS)

Outlook points located at the high Beite Cliff. They gained their name after the Russian Tsar Alexander II visited Sigulda in 1862.

4. ZIEDLEJAS CLIFFS

Red two-level sandstone outcrops on the bank of the river Gauja. The height of the lower level is 4,5m, the upper level – 4m. The length of the cliff’s wall reaches 40 m. A niche with creased ceilings has formed in the higher level. A clear spring starts near the cliff.



5. KATLAPI ROCK

The last small sandstone outcrop along the flow of Gauja River. The fine-grained, white sandstone wall of the Gauja series here is only ten meters long. The locals refer to this place as the White Cliff. A great view of the river Gauja opens up from the Katlapi Rock’s cliff. This is a suitable place for a picnic.

6. LEISURE PARK “RĀMKALNI”

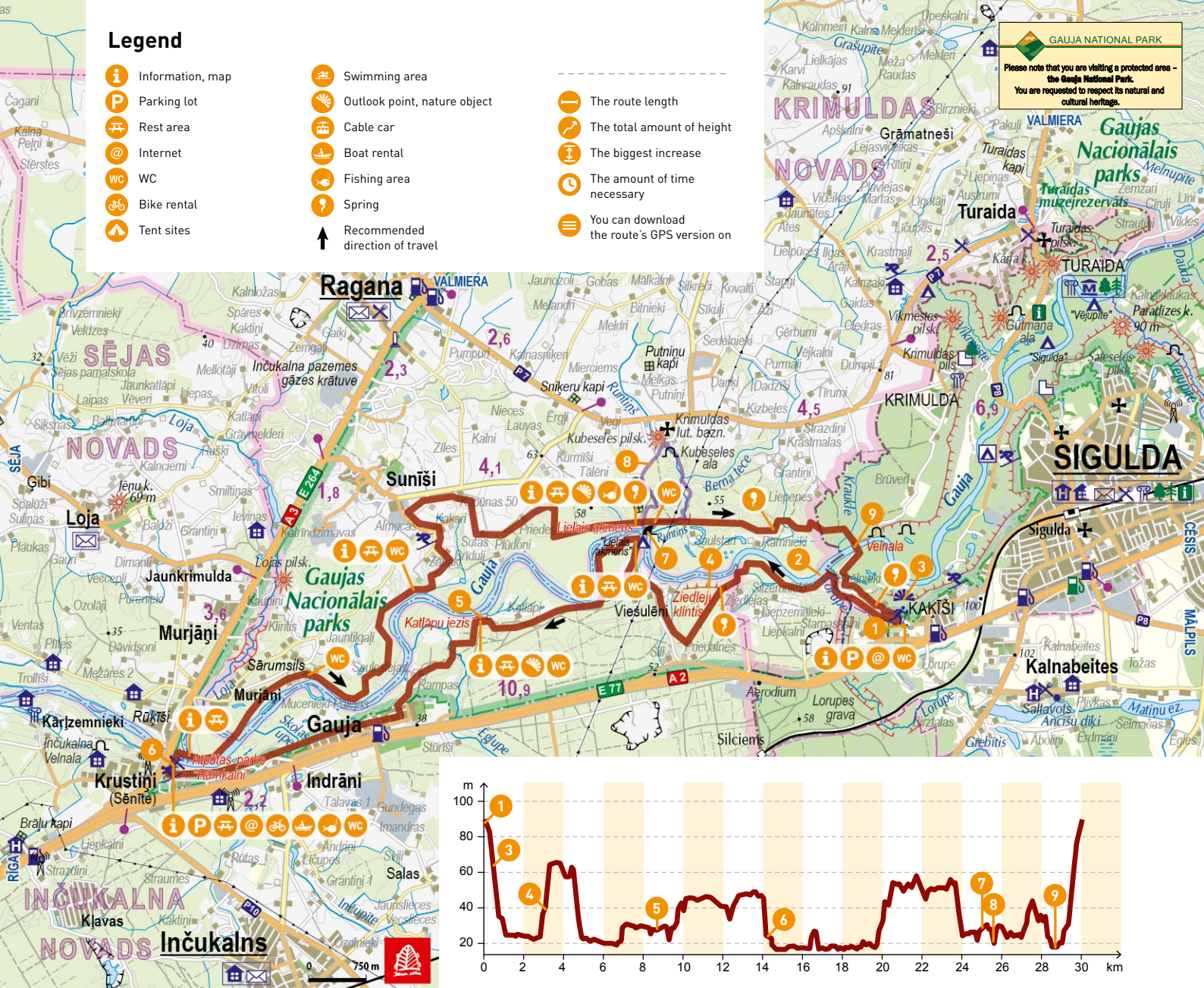
Rodel track, activities for adults and for children, boat and bike routes and rental, shop, restaurant and bistro.

“Vītiņkalni”, Inčukalna novads, ph. +371 29100280, www.ramkalni.lv



Legend

- | | | |
|------------------|---------------------------------|---|
| Information, map | Swimming area | The route length |
| Parking lot | Outlook point, nature object | The total amount of height |
| Rest area | Cable car | The biggest increase |
| Internet | Boat rental | The amount of time necessary |
| WC | Fishing area | You can download the route's GPS version on |
| Bike rental | Spring | |
| Tent sites | Recommended direction of travel | |



7. THE BIG STONE (LIELAIS AKMENS)

Also known as Runtiņš Spring Stone due to the strong spring that starts next to it. In ancient stories it is called the Devil's Stone, the devil squatted there and watched the locals. The height of the stone reaches 2,5 m, the length is 5,3 m, the width is 3,7 m. Protected geological object. This place is an ancient raftsmen settlement, which is evident by the impressive concrete anchor blocks on the banks of Gauja River.

8. KUBESELE NATURE TRAIL

It takes you on an approximately one hour long journey through untouched nature accompanied by the burbling of Runtiņš River along the grave site of Liv chief Kaupo. Sites to see are the Krimulda Church, the Kubesele cave, the Saulstariņu Cliff and the Big Stone of Gauja.



9. PEDESTRIAN BRIDGE NEAR DEVIL'S CLIFFS

Built in 1979 to ensure the safe viewing of the Devil's Cliff and the Devil's Cave on the other bank of Gauja River. The Devil's Cliff and the Devil's cave is a protected geological object – it is the last and the most mighty sandstone wall in the Gauja Valley.

10. GAUJA NATIONAL PARK

The first national park in Latvia, founded in 1973 to protect the unique nature values of the Gauja Valley and its surroundings. It is characterized by a high nature diversity. The jewel of this territory is the Gauja River and its tributaries with impressive Devonian sandstone walls on their banks. The Gauja National Park has been included in the NATURA 2000 network of protected areas.



ROUTE PLANNING, TOURIST INFORMATION, EXCURSION AND ACCOMMODATION BOOKING:

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